

## THE POWER OF PLAY WITH RAHLA KAHN & RICHARD ROSSNER



The Power of Play (POP) presented three workshops, Living with Laughter, Be In Action, and Finding the Yes! POP is an experiential program consisting of creative exercises, improvisational games, and fun challenges. They designed these workshops to specifically help our writers to:

- Discover how to revitalize the creative edge and the passion that drew them to the entertainment industry in the first place
- Learn creative strategies and tools that result in inspiration and motivation
- Play with perspective to see new opportunities in familiar or hopeless circumstances
- Think and create spontaneously
- Let go of immobilizing judgments
- Strengthen their ability to step outside of their comfort zone and take bolder actions in life
- Learn how to negotiate their way to “yes”

Participants found the experience:

"Powerful in a way that I could not have anticipated."

"Fun, surprising, and innovative."

"Afterward, I felt I could conquer the world."

"A great opportunity to let your creativity run free."

"Liberating, invigorating, and creatively therapeutic!"

***Rahla Kahn** and **Richard Rossner** were both original members of *The Groundlings*. They are on staff at the Simonton Cancer Center, where they regularly work with cancer patients. Rahla and Richard also conduct workshops for corporations, hospitals and non-profits, and have assisted with programs for military veterans dealing with PTSD.*